



# BASKETBALL

REVISED 10/2/2014

## RULES & REGULATIONS FOR BOYS' AND GIRLS' BASKETBALL

### I. COMPETITION

- A. Home teams will provide balls for warm-ups for both teams.
- B. The standard varsity warm-up time is 15 minutes.
- C. In accordance with MAC Athletic By-Laws, Article XI, Letter E., seniors may not participate on a JV team unless previously approved by a vote of all member schools.

### II. SCHEDULING

- A. All teams will play round-robin, home-and home schedules in their division.
- B. Cross-over games will be scheduled by a committee of athletic directors. They will schedule as many crossovers as possible, keeping in mind school enrollments, geography, and rivalries.
- C. The recommended starting time for boys' and girls' junior varsity games is 5:30 or 6:00 P.M.
- D. A 2-year schedule will be established. In the second year of the 2-year schedule, the home and away contests will be opposite those in the first.

### III. AWARDS

- A. Each division will select an all-conference team by the following process:
  - 1. Nominations will be invited by a letter from the athletic director in charge of basketball in the eighth week of the season. The letter will be sent to all coaches in every division, requesting their nominations.
  - 2. Coaches may nominate any number of players from their team.
  - 3. Nominations will be sent to the athletic director in charge who will prepare a ballot, and send the ballot to the coaches, in preparation for the selection meeting.
  - 4. The all-conference team will be selected at the post season meeting, following the last division game of the season.
  - 5. Coaches will cast votes on a written ballot to select all- conference players. Coaches may not vote for players on their own teams.
  - 6. Coaches will vote for players in rank order for the all- conference team in their division.



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7. Ballots will be tabulated, and players ranked, from the highest to the lowest number of votes received.

8. Coach of the Year for each division will be voted on by the coaches.

B. In each division, one all-conference player will be selected most valuable player, and be recognized with a medal. The MVP must be chosen from among the players voted all conference by the coaches in a separate vote, following the All-Conference selections. A coach may nominate and vote for a player from his own team.

C. A plaque will be awarded to the championship team in each division. Each player on the championship team will receive a certificate.

D. Players who are voted all-conference will receive a medal.

E. For purposes of computing the number of medals, the number of starting positions on a team will be six (6). The number of medals to be distributed in each division will be determined by the following formula: starting positions, times .25, times the number of teams in the division. e.g., in a seven team division:  $6 \times .25 \times 7 = 11$

Refer to the Athletic Commission By-laws for clarification regarding the following items:

1. Pre and Post-season meetings
2. Division alignments