



## RULES AND REGULATIONS FOR BOYS' AND GIRLS' BOWLING

### I. COMPETITION

- A. The Varsity team may consist of no more than ten bowlers (five bowlers and five substitute bowlers). The five member team will bowl each game with the cumulative pin fall of the team determining the winning team at the conclusion of the match. If at the conclusion of the match the teams are tied the winner of the match will be determined by a five frame roll-off using the Baker game format, frames 6-10 will be used and free substitutions will be allowed.
- B. The match will first consist of two Baker games that 5 team members participate in and two individual games bowled by each player. (A Baker game is one complete game bowled with players rotating each frame. Baker games are bowled on alternating lanes.)
- C. Scoring will follow the 30 point scoring system. Baker games are 4 points per game and 2 additional points awarded for high total pin fall which makes 10pts. Possible. In the individual games scoring, each player receives 1 point for each individual game won. Each team receives 4 points for each game won and 2 additional points are awarded for total pin fall. Example:

Baker games (2):

4 points each game (4x2) =	8
Series points	<u>2</u>
TOTAL POINTS	10

Regular games: 1 point per game

Per bowler (5X2)	10
Team points (4X2)	8
Series points (total pin fall)	<u>2</u>
TOTAL POINTS	20

OVERALL TOTAL POINTS                      30

- D. There is a ten minute warm-up on the starting pair of lanes. Substitutes are allowed four warm-up balls on an extra pair of lanes, if possible, before entering the competition.
- E. A team can change their lineup prior to any game as long as there is notice provided to the opposing team. The team on the left will post first. **(Updated March 2014)**
- F. Coaches will post roster and line-ups for the match five minutes prior to the start of the first Baker game and the line-up for the match will be posted at the end of the 2<sup>nd</sup> baker game. After posting line-ups, no changes to the roster are allowed. The team on the left lane posts their line up first.
- G. Substitute bowlers may be used at anytime, however, once a bowler has been removed they cannot return to the game. The removed bowler is considered a substitute and can return the next game. Mid-frame substitutions are allowed.
- H. The game is declared a forfeit if one team fails to appear by the first frame of each game and the team will forfeit only each game actually missed. The late team will forfeit practice time. Consideration will be taken by the host school if in the event that a visiting team has travel problems and arrives late. Traveling teams will contact the host school to update their late arrival.
- I. A game is declared a forfeit if one team fails to field at least three bowlers for the match. However, the scores of the two missing players will be scored as "0" pin fall for their place in the lineup.
- J. In conference play a standard league shot will be put on the lanes for competition.



## II. SCHEDULING

All teams will play a round robin, home and home schedule in their divisions. Division matches will be played on Mondays and Fridays or at the discretion of the center.

A. 4:00 pm start time is recommended.

B. A conference meet for MAC team will be held. It will be scored total pins and will consist of one regular game and six baker games in that order.

C. If a match is cancelled, the AD of the home team must notify his opponent by 1:00 PM, if possible. In the event of bad weather, the Athletic Commission believes that all reasonable means should be exhausted in order to allow all teams to participate in scheduled division contests and tournaments. If a team(s) is unable to attend a jamboree match, that match must be rescheduled with the opponent at the earliest possible date at the site of the originally scheduled match.

D. The host school will secure lanes and pay for the lineage fees for all teams attending the scheduled match. This includes all JV teams even if the host school does not have a JV team. This excludes the divisional meet where each team will pay their portion.

## III. AWARDS

A. A plaque will be awarded to the dual match championship team in each Division, and certificates (available on website) will be given to the members of championship teams.

B. A conference tournament will be held, and a plaque given to the championship team in each division. The format will be 2 baker games (a match) plus 30 bonus points for the winner of the match. A Round Robin style of competition will be used. For example: In the MAC Red there are 6 schools in the division, each school will compete in 5-2 game matches for a total of 10 games. After each match the school with the highest total pins will receive the 30 bonus points, in case of a tie, each school will receive 15 bonus points. The school with the highest total pins at the end of the Round Robin competition will be named Division Champion.

C. The coaches will conduct their post-season meeting at the conclusion of the division tournament.

D. All-conference players will be chosen by the following procedure:

1. Coaches will meet, by division, at the post season meeting, and nominate All-conference candidates. If questions arise regarding the candidates, the order of finish in the conference tournament will determine the final selection.
2. All-conference players will receive a medal.
3. The most valuable player will be selected in each division and will receive a medal. This person must be a member of the all-conference team.
4. The number of selections in each division will be determined by the following formula:

Six (6) entries (in division meet) x .25 x no. teams in the division

e.g., in an eight team division  $6 \times .25 \times 8 = 12$

E. Each sport will honor an all-academic team. All varsity team members who earn a GPA of 3.0 or better during their season of competition will receive a certificate. Fall sports will use first quarter grades to computer the GPA.

Refer to the Athletic Commission By-laws for clarification regarding the following:

1. Pre- and post-season coaches' meetings
2. Division alignments