



RULES AND REGULATIONS FOR FOOTBALL

I. COMPETITION

A. Recommended starting times:

1. Varsity: Friday nights at 7:00 P.M., or Saturday afternoons at 1:00 P.M.
2. Junior varsity: Thursdays, between 4:00 P.M. and 7:00 P.M.
3. Freshmen: Wednesdays or Thursdays between 4:00 P.M. and 7:00 P.M.

B. Schools will be responsible for submitting varsity game scores, To the MHSAA website for MHSAA play-off points.

C. It is recommended that the home school supply medical personnel at least one-half hour before the scheduled starting time of the game. This is to include all varsity, junior varsity, and freshmen games. "Medical personnel" is defined as a team doctor, ambulance, EMS unit, or a certified trainer.

D. Preseason Scrimmages

One of all MAC teams preseason scrimmage must be published and allowed to be viewed and videotaped to be traded in film exchange with appropriate teams. This scrimmage must not be before 9 days of practice.

MAC VIDEO EXCHANGE POLICY:

Football coaches shall exchange two weeks of videotapes with their MAC opponent.

- a. In preparation for the first game, only the main scrimmage tapes will be exchanged. (Coaches arrange)
- b. In preparation for week two the Scrimmage tape and week one will be exchanged
- c. The following weeks the two previous games will be exchanged. The previous game by Wednesday 4 pm and current game by Saturday morning 10 am
 - o General Rule: all teams must have video to exchange.
 - o Coaches are to provide the best quality DVD they possess and should be full view unless otherwise agreed upon.



d. If there are errors in the video or the exchange it is the responsibility of the coach in fault to correct the situation as soon as possible.

- E. Overtime will be played in all games involving MAC schools, including crossovers.
- F. In accordance with MAC Athletic By-Laws, Article XI, Letter E., seniors may not participate on a JV team unless previously approved by a vote of all member schools.
- G. In the event that a visiting team has travel problems, and arrives late for a contest at any level of competition, that team shall be given twenty (20) minutes of warm up time commencing when all players are ready for warm up.

II. SCHEDULING

- A. The MAC has mandated that all MAC schools will be provided an Eight game season schedule of MAC schools. The league will attempt to not schedule division games on the first and ninth weeks of the regular schedule.
- B. The first responsibility (if at all possible) is to schedule local community intra-district play.
- C. A 2-year schedule will be established. In the second year of the 2-year schedule, the home and away contests will be opposite those in the first.

D. MAC Football Game Suspension policy: {Per the MHSAA Handbook-page 90}

When suspending an outdoor contest, officials and game management shall follow these guidelines:

1. Lightning (thunder) necessitates that contests be suspended. The occurrence of lightning is not subject to interpretation or discussion-lightning is lightning.
2. Severe weather in the form of rain or snow may make the field unplayable

When a contest is suspended, the home school administration shall attempt to arrange for the security of all participants.

1. Contestants and all support personnel shall be moved to appropriate indoor facilities.
2. When lightning is observed or thunder is heard and the contest is suspended, contestants shall not return to the playing field until lightning has been absent from the local sky and thunder has not been heard for 30 minutes.

When a Varsity MAC football contest is suspended due to inclement weather conditions, the following conditions are to be adhered to:

1. Spectators shall be advised of the action being taken to seek shelter. (Some hosts may be able to offer shelter to spectators, but are not required to do so.)



FOOTBALL

REVISED 10/1/14

2. At the time of the game being suspended, the game may be terminated as an official contest upon agreement with administrative representatives from both schools at that time.

Should the contest not be terminated by mutual agreement--then per the MHSAA handbook: In considering resumption of the competition, the following steps shall be followed:

1. A decision to resume the contest within the time frame must be made by the officials who shall consult the home team administration and visiting school administration present at the contest.
2. The home school is responsible for facilities and will be given priority consideration in the final decision if there is not consensus among the three parties.
3. The final decision shall consider liability and conditions of facilities as well as future schedules, need to play the contest, and the quality of all other options.

NOTE: more restrictive local policies and MHSAA tournament policies would supercede these policies and should be shared with the opponents and officials prior to the contest, preferably in writing.

Otherwise, and to the extent allowed by the playing rules code, the official(s) shall make the final decision regarding game suspension once the game begins.

MAC Adaptations to MHSAA Inclement Weather policy as related to Football:

1. See #1 at top of this page

1. The game must be completed. If the Friday contest must be suspended, then the contest If that site is unplayable or unavailable, then arrangements should be made with a third party field. If the contest is a Saturday game and conditions from A. above cannot be met, then the game must be completed on a Sunday as it relates to the 5 day MHSAA football competition rule (District rules in some cases may forbid this).

MAC Adaptations for Sub Varsity play:

1. Should the game be suspended per MHSAA guideline in the first half and play is not resumed within the parameters from above, the game is declared no contest. It may not be rescheduled, as that would be a violation of the 9 game schedule rule.
2. Should the game be suspended per MHSAA guidelines in the second half and play is not resumed within the parameters from above; the score of the game at that time shall be the final score.
3. If the game did not start, then it may be rescheduled.

III. AWARDS

- A. Division champions will receive a plaque. In case of ties, teams will be considered co-champions, and each will receive a plaque.
- B. Coaches will identify twenty-four (24) players in each division as All-conference selections. This number represents eleven (11) offensive positions, eleven (11) defensive positions, and two (2) kickers.



FOOTBALL

REVISED 10/1/14

- C. All members of the All-conference Team will receive a medal.
- D. Each division will identify an MVP. The MVP will receive a medal. The MVP will receive a medal. The MVP must be a member of the All Conference Team.
- E. Each sport will honor an All-academic Team. Varsity team members who earn a GPA of 3.0 or higher during their season of competition will receive a certificate. Fall sports will use the first quarter grades to compute the GPA.

Refer to the Athletic Commission by-laws for clarification regarding the following:

- a. pre and post-season coaches' meetings
- b. division alignments