



RULES AND REGULATIONS FOR ICE HOCKEY

I. COMPETITION

- A. All home teams must provide two (2) hours minimum ice time for all -conference games.
- B. A five (5) minute warm-up, and resurfacing, between the second and third periods will be required
- C. Games will be played using stopped time. If circumstances prevail in which the game cannot be concluded in the normal time allotted, running time will be used in the third period. The athletic director of the host school will make the final decision on running time, and will notify both benches when the running time will begin.
- D. There may be two assists awarded for each goal. The official's decision will be final.
- E. The home team, if possible, will wear white.
- F. In the event that both teams arrive at the rink and circumstances prevent the contest from taking place, the following procedures will be implemented.

Step 1: By agreement of both teams the game will be rescheduled with no penalties.

Step 2: If the game is rescheduled, the home team will reimburse the visitors for transportation costs to the rescheduled game if busses are used.

Step 3: If the game is rescheduled, it will be played at the home team rink.

Step 4: If the game cannot be rescheduled under the terms of steps 1-3, the game will be forfeited to the visiting team.

- G. The home team must provide adequate crowd control personnel at all times.
- H. The visiting school should have a school representative(s) present for crowd control.
- I. There will be an eight (8) minute overtime for MAC regular season games that will begin immediately upon completion of regulation time for a game that is still tied. If at the end of the eight minutes the game is still tied it remains that way in the standings and both teams will be awarded one point.
- J. Penalty times will be as follows:
 - Stopped time: majors, five minutes; minors, two minutes
 - Running time: majors, seven minutes; minors, three minutes
- K. Each coach will be responsible for disciplining his own players, and keeping them on the bench.
- L. Officials will notify the scorer and both coaches on all disqualification Penalties. It is the responsibility of the home athletic director to notify the next two opponents of the disqualified players.
- M. A misconduct penalty will be called for having gloves off.
- N. Misconduct penalties will also be called for abusive language by players.
- O. Any player involved in a fight after the final whistle will be subject to a three game suspension, depending on the reports of the referee and the coaches involved.
- P. A coach using a disqualified player will forfeit that contest.



Macomb ★ Area ★ Conference

ICE HOCKEY REVISED 10/2/2014

- Q. R. Coaches must turn in a score sheet to their athletic director after each game, and prior to the next scheduled game. Disqualifications must be reported to the athletic director the next morning.
- R. In accordance with MAC Athletic By-Laws, Article XI, Letter E., seniors may not participate on a JV team unless previously approved by a vote of all member schools.

II. Scheduling

- A. Private facilities will be used for all contests. After the home/away schedule has been determined, coaches and athletic directors scheduled to host an event will inform each conference opponent of the day, date and time of the contest.
- B. All teams will play all division opponents on a home-and-home schedule. Each will schedule crossovers with other conference teams.
- C. A 2-year schedule will be established. In the second year of the 2-year schedule, the home and away contests will be opposite those in the first.

III. Awards

- A. Division champions will be determined by the total number of points. In the event of a tie, co-champions will be declared.
- B. Two points will be awarded for a win and one point for a tie. One point for an Overtime Loss (OTL) will be awarded and reflected in the final point standings, as such.
- C. A plaque will be awarded to the championship team. Championship certificates will be awarded to the members of the championship team.
- B. The coaches will identify on MVP. The MVP must be a member of the MAC All Conference Team. The player will receive a medal.
- E. Players who are selected all-conference will receive a medal. The number of all-conference medals awarded in a division will be determined according to the number following formula. For purposes of determining the number, seven will be considered the number of starting positions on a team.

Starting positions x .25 x number of teams in the division
e.g., 8 team division: $7 \times .25 \times 8 = 14$

- B. MAC all-academic certificates will be awarded to team members who earn a 3.0 or better GPA. Second quarter grades will be used for this purpose.

Refer to the Athletic Commission By-laws for clarification regarding the following:

Pre and post-season coaches' meetings